



Main table containing 15 rows of school lunch menus. Each row includes the day of the week, menu items with illustrations, and nutritional values. The table is organized into two columns of 15 rows each, with the right column starting from the 24th of the month.

給食の献立紹介 (Introduction of the menu) for Spring Cabbage Menchi-Katsu (22nd). Includes a list of ingredients for 4 people, a step-by-step cooking method, and a '減塩ポイント!' (Salt reduction point) section explaining the benefits of reduced salt.

給食費について (About school lunch fees). A notice stating that school lunch fees will be revised from this year, with a unified rate for elementary and middle schools, and a notice of appreciation for parental cooperation.

入学・進級おめでとう (Happy school start/progress). A celebratory message for the start of the new school year in April, encouraging students to stay healthy and happy.