

Main table containing school lunch menus for May, organized by date (曜日) and week (日). Each row includes meal items (e.g., ごはん, サラダ, スープ), ingredients, and energy values (栄養価).

今治市産みかんといちごアピールデザインが決定しました. Includes five circular designs for mikan and strawberry peels, each with a school name and student name.

心も体も元気に過ごすには、規則正しい生活が第一です! Includes illustrations and text promoting healthy habits like early rising, regular meals, and daily exercise.